

JAN - FEB MENU 2021: FOOD ALLERGIES AND INTOLERANCES: Please speak to our staff about the ingredients in your meal when making your order
 ALL OUR GRAVY IS (GF) GLUTEN FREE AND (V) VEGETARIAN UNLESS OTHERWISE STATED

WEEK ONE: Monday Meat Free		WEEK TWO: Monday Meat Free		WEEK THREE: Monday Meat Free	
M O N D A Y	Soup of the Day (v),(GF) with Bread Roll Quorn Mince filled Yorkshires (V) Vegan Mean Bean Burger (VGN) Herby Diced Potato, Seasonal Vegetables Jacket Potatoes / Assorted Sandwiches Hot Puddings & Custard/ Fresh Fruit / Yogurt	M O N D A Y	Soup of the Day (v),(GF) with Bread Roll Macaroni Cheese Bake (V) (GF) Falafel Burger (V) Couscous, Seasonal Vegetables Jackets Potatoes / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt	M O N D A Y	Soup of the Day (v),(GF) with Bread Roll Mixed Bean & Pasta Bake (V) (GF) Vegetable Burrito (V) Mexican , Seasonal Vegetables Jacket Potatoes / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt
T U E S D A Y	Soup of the Day (v),(GF) with Bread Roll 18Hr Slow Cooked Beef Brisket Yorkie Wraps(R) Mushroom & Thyme Duxelle Yorkie Wraps (V) Mash Potato , Seasonal Vegetables Jacket Potato / seasonal Vegetables Hot Puddings & Custard / Fresh Fruit / Yogurt	T U E S D A Y	Soup of the Day (v),(GF) with Bread Roll Chicken Tikka with pilaf rice (R) (GF) Vegan Pasties(VGN) Herby Diced Potato / seasonal Vegetables Jacket Potatoes / Assorted Sandwiches Hot Puddings & Custard/ Fresh Fruit / Yogurt	T U E S D A Y	Soup of the Day (v),(GF) with Bread Roll Meat and Potato Pie (R) Quorn Suet Puddings (V) Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt
W E D N E S D A Y	Soup of the Day (v),(GF) with Bread Roll Roast Chicken dinner(R) Sweet Pepper Frittata with savoury rice(v)(GF) Roast Potatoes, Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt	W E D N E S D A Y	Soup of the Day (v),(GF) with Bread Roll Corn beef and potato wellington(R) Cheese & Onion Pie (V) Baby New Potatoes Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt	W E D N E S D A Y	Soup of the Day (v),(GF) with Bread Roll Cumberland Sausage Ring and Mash (R) Cauliflower Dahl (V)(GF) Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt
T H U R S D A Y	Soup of the Day (v),(GF) with Bread Roll Assorted Freshly Made Wholemeal Pizza Roasted Vegetable with pesto & Mozzarella(V) Pepperoni(R) Mozzarella & Basil(V)mixed Meat Fresh Oven Wedges/baked Beans Assorted Salads/Jackets/Fresh Fruit/Yoghurts Hot puddings and custard	T H U R S D A Y	Soup of the Day (v),(GF) with Bread Roll Assorted Freshly Made Wholemeal Pizza Roasted Vegetable with pesto & Mozzarella(V) Pepperoni(R) Mozzarella & Basil(V)mixed Meat Fresh Oven Wedges/baked Beans Assorted Salads/Jackets/Fresh Fruit/Yoghurts Hot puddings and custard	T H U R S D A Y	Soup of the Day (v),(GF) with Bread Roll Assorted Freshly Made Wholemeal Pizza Roasted Vegetable with pesto & Mozzarella(V) Pepperoni(R) Mozzarella & Basil(V)mixed Meat Fresh Oven Wedges/baked Beans Assorted Salads/Jackets/Fresh Fruit/Yoghurts Hot puddings and custard
F R I D A Y	Soup of the Day (v),(GF) with Bread Roll Moroccan Style Rice With Salmon & Cod Kebab(F) Pasta Crème Fraiche Spinach & Mushroom (V) Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Puddings & Custard / Fresh Fruit / Yogurt	F R I D A Y	Soup of the Day (v),(GF) with Bread Roll Fish Cake with Parsley Sauce (F) Mac & Cheese Garlic Balls (V) Seasonal Vegetable Jacket Potato / Assorted Sandwiches Hot Pudding & Custard / Fresh Fruit / Yogurt	F R I D A Y	Soup of the Day (v),(GF) with Bread Roll Breaded Fish with Mushy Peas(F) Vegetable hot-pot (VGN) Oven Fries Seasonal Vegetables Jacket Potato / Assorted Sandwiches Hot Pudding & Custard / Fresh Fruit / Yogurt

GREEN (V)(VGN)VEGAN/ VEGETARIAN DAYS OR DISH: RED (R) FRESH MEATS/POULTRY DAYS OR DISH: BLUE (F) FRESH FISH DAYS OR DISH: BLACK (GF) GLUTEN FREE

